



Night night, sleep tight

Author/Director: Amalia Escriva

Producer: Quark productions

Country: France

Length: 52'

Some babies don't sleep well and this can cause all sorts of problems for their entire family. But what if it was the other way around...

Let's shed some light on the situation for the many utterly exhausted parents who live a repetitive nightmare when it comes to bedtime.

Most of the time it's nothing serious and the reasons are simple, but these noisy issues merit investigation.

While observing the work of Psychologist Lyliane Nemet Pier, we manage to better understand what goes on with the sleep patterns of these very young children.



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French version

Credits:
Director, Author, photography : Amalia Escriva, Sound : Abdallah, editing : Florence Bon

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